

# September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Labour Day 10:00 Carpet Bowling (3) 2:00 Carpet Bowling (3) <b>1</b>	10:00 Having a Ball Fitness (3) 2:00 Bingo (2) <b>2</b>	10:30 Local Shuttle Service (B) 3:00 Chair Line Dance (3) 4:00 Music & Memories (2) <b>3</b>	2:00 Having a Ball Fitness (3) 2:00 Bridge & Crib (2) 3:30 Mindful Dialogues: Reason and Passion (A) 7:00 Movie Night: Lost in Translation (C) <b>4</b>	10:00 Seated Yoga Class (3) 2:00 Happy Hour - Back to School with Richard Stepp (A) <b>5</b>	Pitch and Putt (3) 2:00 Sing-along (A) <b>6</b>
Pitch and Putt (3) 2:00 Hymn Sing (A) 3:00 Tai Chi (3) <b>7</b>	10:00 Carpet Bowling (3) 2:00 Carpet Bowling (3) <b>8</b>	10:00 Having a Ball Fitness (3) 2:00 Bingo (2) <b>9</b>	10:30 Bus Outing: Krause Berry Farm and Winery (B) <b>10</b>	10:30 Let's Go Girls! (3) 2:00 Bridge & Crib (2) 7:00 Movie Night: The Life of Chuck (C) <b>11</b>	2:00 Happy Hour - Celebrating Chocolate Milkshake Day! (A) <b>12</b>	Pitch and Putt (3) 2:00 Sing-along (A) <b>13</b>
Pitch and Putt (3) 2:00 Hymn Sing (A) 3:00 Tai Chi (3) <b>14</b>	10:00 Carpet Bowling (3) 2:00 Carpet Bowling (3) <b>15</b>	10:00 Having a Ball Fitness (3) 2:00 Bingo (2) <b>16</b>	9:45 Resistance Fitness (3) 3:00 Chair Line Dance (3) 4:00 Music & Memories (2) <b>17</b>	2:00 Having a Ball Fitness (3) 2:00 Bridge & Crib (2) 3:30 Mindful Dialogues: Reason and Passion (A) 7:00 Movie Night: Jane Austen Wrecked My Life (C) 7:00 Men's Night (A) <b>18</b>	2:00 Happy Hour - Talk Like a Pirate Day (A) 6:00 Surrey Eagles Hockey Game (B) <b>19</b>	Pitch and Putt (3) 2:00 Sing-along (A) <b>20</b>
Pitch and Putt (3) 2:00 Hymn Sing (A) 3:00 Tai Chi (3) <b>21</b>	10:00 Carpet Bowling (3) 2:00 Carpet Bowling (3) 3:30 Book Club (4) <b>22</b>	10:00 Having a Ball Fitness (3) 2:00 Bingo (2) <b>23</b>	9:00 Absolute Hearing on Site (2) 9:45 Resistance Fitness (3) 10:30 Bus Outing: Plcnic (location to be determined) (B) <b>24</b>	10:30 Let's Go Girls! (3) 2:00 Art Gallery Showing (A) 7:00 Once a Month James Bond Festival: You Only Live Twice (C) 7:30 PC Stargazing Club: Black Holes...Friends or Foes? (A) <b>25</b>	10:00 Seated Yoga Class (3) 2:00 Happy Hour - Celebrating Our Artists with Greg Alcock (A) <b>26</b>	Pitch and Putt (3) 2:00 Sing-along (A) <b>27</b>
Pitch and Putt (3) 10:30 Fraser Valley Train Trip (B) 2:00 Hymn Sing (A) 3:00 Tai Chi (3) <b>28</b>	10:00 Carpet Bowling (3) 2:00 Carpet Bowling (3) <b>29</b>	National Day of Truth and Reconciliation 10:00 Painting Class (3) 2:00 Bingo (2) 3:30 Special Showing of the Documentary: St. Mary's Rsidential School (C) <b>30</b>	<u>Locations Legend</u> <div>3rd Floor Fitness Centre (3) Atrium (A) 2nd Floor Mezzanine (2)</div> <div>Bus (B) Cinema (C) 4th Floor Library (4)</div>			